



# zen buddhist temple

297 College Street, Toronto, ON M5T 1S2 • (416) 658-0137 • toronto@zenbuddhisttemple.org

## Registration Form

### Introductory Meditation Course

Five Thursdays, 6:30–8:15 pm, \$160

- Beginning March 10
- Beginning May 19
- Beginning July 14
- Beginning September 15
- Beginning November 3
- Beginning January 12, 2012
- Beginning March 8, 2012

### Overnight Introductory Meditation Course (Beginner's Zen Retreat)\*

Friday, 7 pm–Saturday, noon, \$160

- March 25–26
- June 3–4
- July 29–30
- Sept. 30–Oct. 1
- November 18–19
- January 27–28, 2012
- March 23–24, 2012

### Beginner's Buddhist Studies

Four Tuesdays, 6:30–8:30 pm, \$60 (\$50 for members)

- Beginning February 22
- Beginning October 4

### Tibetan Breathing Workshop Saturday, 1–5 pm, \$70

- February 12
- June 11
- November 5
- February 4, 2012

### Meditation & Purification Retreats\* \$60/day (\$50 for members)

- February 19
- August 13
- December 26–31
- April 9 (P)
- October 8
- February 11, 2012
- June 27–July 2
- November 12 (P)

### Sila (precepts) Practice Course

5 Sundays, noon–1:30 pm, \$60 (\$50 for members)  Beginning May 22

\* Please bring a sleeping bag and/or sheets and blankets, a pillow, sneakers, and loose-fitting, comfortable clothing in subdued colours.

Name (please print) \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. Date (MM/YY) \_\_\_\_\_

To register for a course or retreat, please call the temple at 416-658-0137 with credit card information or register online at [ZenBuddhistTemple.org/locations/toronto](http://ZenBuddhistTemple.org/locations/toronto). Or mail this form with a deposit of \$50 or the full amount \$\_\_\_\_\_.