

# Temple Schedule

**Sunday Public Meditation Service:** 10 to 11:30 am

**Sunday Qigong** Sundays 9:30 to 10 am

**Sunday Buddhist Studies** Noon to 1 pm

**Weekday Services for Members**

Monday through Friday, 6–7:50 am; 6:30–8 pm (Wednesdays, 6:30–8:40 pm)

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## Tending the Forest; Tending the Roots

One Sunday each month (Dec. 14; Jan. 11; Feb. 15 ) noon to 1 pm

Members gatherings to study and discuss on various Buddhist questions.

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## New Moon Precept Nights

We dedicate one evening each month to recollect our precepts so that we can become more skillful with our thoughts, words and actions.

Tuesdays Jan. 13; Feb. 17 (6:30 to 8:30 pm). All are welcome.

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## Monday Zen Study Nights

Mondays 6:30 to 8:30 pm

(January 12, 19, 26; February 2, 16, 23; March 9, 16, 23; April 6)

Text book: “The Roaring Stream—A New Zen Reader” by Nelson Foster

## January

- 1 New Year's Day Service at 11:30 am
- 8 Thursday 6:30 pm, **Introductory Meditation Course** begins
- 23 **Buddha's Enlightenment Day All-Night Sitting**, Friday 8 pm to Saturday 4 am.
- 31 Sat. 10:30 am, **Sangha Work Practice**

## February

- 6-7 Friday 7 pm, **Beginner's Zen Retreat**
- 8-14 **Farm retreat** at the Spring Wind Farm in the upstate NY
- 22 Sunday noon, Lunar New Year's Day Sangha Potluck
- 28 Sat. 10:30 am, **Sangha Work Practice**



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