

# Temple Schedule

**Sunday Public Meditation Service:** 10 to 11:30 am

**Sunday Qigong** Sundays 9:30 to 10 am

**Sunday Buddhist Studies** Noon to 1 pm

**Weekday Services for Members**

Monday through Friday, 6–7:50 am; 6:30–8 pm (Wednesdays, 6:30–8:40 pm)

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## Tending the Forest; Tending the Roots

One Sunday each month (Feb. 15; March 15; April 12 ) noon to 1 pm

Members gatherings to study and discuss on various Buddhist questions.

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## New Moon Precept Nights

We dedicate one evening each month to recollect our precepts

so that we can become more skillful with our thoughts, words and actions.

Tuesdays Feb. 17; March 17; April 7 (6:30 to 8:30 pm). All are welcome.

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## Monday Ch'an Study Nights

Mondays 6:30 to 8:30 pm

(January 12, 19, 26; February 2, 16, 23; March 9, 16, 23; April 6)

Text book: "The Roaring Stream—A New Zen Reader" by Nelson Foster

## February

- 6-7 Friday 7 pm, **Beginner's Zen Retreat**
- 8-14 **Farm retreat** at the Spring Wind Farm in the upstate NY
- 22 Sunday noon, Lunar New Year's Day Sangha Potluck
- 28 Sat. 10:30 am, **Sangha Work Practice**

## March

- 1-7 **Farm retreat** at the Spring Wind Farm in the upstate NY
- 12 Thursday 6:30 pm, **Introductory Meditation Course** begins
- 22 Sunday noon, Lunar New Year's Day Sangha Potluck
- 28 Sat. 10:30 am, **Sangha Work Practice**
- 29 Sunday 10 am, **Buddha's Parinirvana Day**

