

Temple Schedule

Sunday Public Meditation Service: 10 to 11:30 am

Sunday Qigong Sundays 9:30 to 10 am

Sunday Buddhist Studies Noon to 1 pm

Weekday Services for Members

Monday through Friday, 6–7:50 am; 6:30–8 pm (Wednesdays, 6:30–8:40 pm)

Tending the Forest; Tending the Roots

One Sunday each month (Sept 14; Oct 19; Nov 9) noon to 1 pm

Members gatherings to study and discuss on various Buddhist questions.

September

- 9 Tuesday 6:30 pm, **Introductory Meditation Course** begins
- 19-20 Friday 7 pm, **Beginner's Zen Retreat**
- 21 Sunday noon, Fall Sangha Potluck
- 27 Sat. 10:30 am, **Sangha Work Practice**

New Moon Precept Nights

We dedicate one evening each month to recollect our precepts so that we can become more skillful with our thoughts, words and actions.

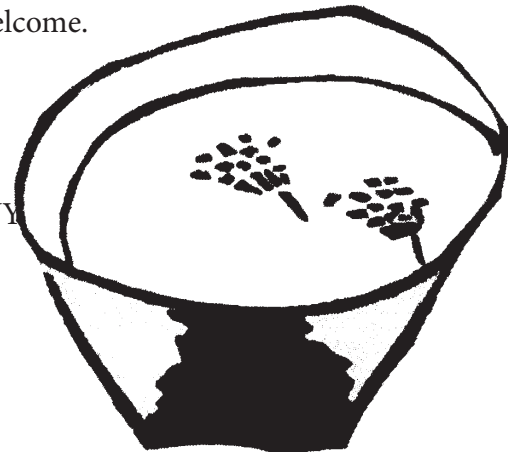
Monday Sept 8; Oct 13; Nov 10 (6:30 to 8:30 pm). All are welcome.

October

- 5-11 Farm retreat at the Spring Wind Farm in the upstate NY
- 18 Saturday 9 am to 9 pm, **One-Day Meditation Retreat**
- 25 Saturday 10:30 am to 2:30 pm, **Sangha Work Practice**

November

- 2-8 Farm retreat at the Spring Wind Farm in the upstate NY
- 13 Tuesday 6:30 pm, **Introductory Meditation Course** begins
- 22 Sat. 10:30 am, **Sangha Work Practice**



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